

Fwd: Stress Management by ISTM



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Wed, 18 Jun 2025 4:26:30 PM +0530

To "Sh Anil Kumar Singh"<secservices@nic.in>

**From:** "Institute of Secretariat Training and Management (ISTM)" <istm@nic.in>

**To:** jsns@ddpmod.gov.in

**Sent:** Wednesday, June 18, 2025 3:50:33 PM

**Subject:** Stress Management by ISTM



Respected Sir/Madam,

We are pleased to inform you that Institute of Secretariat Training & Management (ISTM) will be conducting a Training Programme, highlights of which is as under:

Course Name : Stress Management

Course Code : SM-17

Date : 11 Aug 2025 to 12 Aug 2025

Mode : Offline

For more details, click here for "COURSE CIRCULAR" and please visit our website at [www.istm.gov.in](http://www.istm.gov.in).

Regards

Moloy Sanyal

Retired Director (DoPT) & Faculty Consultant

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Sambhosh Dabhi  
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Regards